

Year 5 PSHE Programme of Study – Autumn Term

	Autumn Term
Being Responsible	<p>Children will learn:</p> <ul style="list-style-type: none"> • To recognise that there are human rights to protect children and adults. • To understand that we all have a responsibility to care for others and the environment. <p>Text: <i>For Every Child</i> by Caroline Castle</p>
Bullying Matters	<p>Children will learn:</p> <ul style="list-style-type: none"> • To recognise the impact of bullying and the consequences of hurtful behaviour. • To know what a bystander is and how they can actively contribute to the prevention of bullying. • To be confident that they can challenge bullying and discriminatory behaviour. <p>Text: <i>All the Things That Could Go Wrong</i> by Stewart Foster; <i>How to Heal a Broken Wing</i> by Bob Graham Visitor: Safe & Sound Bystander 'I Can I Will' Workshop</p>

Year 5 PSHE Programme of Study – Spring Term

	Spring Term
Drug Education	<p>Children will learn:</p> <ul style="list-style-type: none"> • That some drugs are harmful and can be addictive. • The effects of drugs can be addictive and long-lasting. • That there are risks associated with taking all drugs.
Exploring Emotions	<p>Children will learn:</p> <ul style="list-style-type: none"> • That feelings can be expressed in different ways. • That solutions can be sought for a problem. • Challenges can be overcome. • Where to go to for support.

Year 5 PSHE Programme of Study – Summer Term

	Summer Term
Difference & Diversity	<p>Children will learn:</p> <ul style="list-style-type: none">• To learn what prejudice and discrimination is and how to challenge both.• An understanding of the benefits of living in a diverse community.• To identify strategies to respond to hurtful behaviours.• The importance of having compassion towards others. <p>Text: <i>And Tango Makes Three</i> by Justin Richardson & Peter Parnell</p>
Growing Up	<p>Children will learn:</p> <ul style="list-style-type: none">• To understand how images on social media can be manipulated and how this can have a negative effect on young people.• To understand how their bodies will change during puberty.• What seeking and giving permission and consent means. <p>GIRLS AND BOYS SEPARATELY WILL LEARN:</p> <ul style="list-style-type: none">• To understand how their bodies will change during puberty.