

Main

essert

Week: 3 Date: 16th Sept, 7th Oct, 4th Nov, 25th Nov, 16th Dec, 20th Jan, 10th Feb

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. \ \ \ \ = Vegetarian

Gayton

For Allergen information please ask a member of the catering team.

Monday

Pork Meatballs in a Tomato Pasta served with Baquette & Seasonal Vegetables

Veggie Meatballs in a Tomato Pasta served Seasonal Vegetables

Cheese & Tomato Panini served with Salad

with Baquette &

Chocolate Shortbread Slice with Milk

Fresh Fruit Salad

Tuesday

Halal Chicken Dal Rice & Flatbread Seasonal Vegetables

Cheese & Tomato Pizza served with Potato Wedges and Seasonal Vegetables

Ham or Cheese Roll with Salad

Jelly & fruit

Fresh Fruit Salad

Wednesday

Pork Sausage, Gravy, Yorkshire Puddina & Mashed Potatoes and Vegetable Medley

Veggie Sausage, Yorkshire Pudding & Gravy, Mashed Potatoes and Vegetable Medley

Halal Chicken Sausage

Tuna Mayonnaise Roll served with Salad

Flapjack

Fresh Fruit Salad

Thursday

Teriyaki Chicken served with Rice & Seasonal Vegetables

Macaroni Cheese served with Baquette Slice & seasonal Vegetables

Jacket potato with Tuna mayo or Cheese & Salad

Apple Roly Poly & Custard

Fresh Fruit Salad

Friday

Fish Fingers served with Chips & Seasonal Vegetables

Sweet Potato Curry served with Rice & Flatbread Seasonal Vegetables

Jacket Potato with Cheese & Baked Beans

Oaty Cookie Milk

Fresh Fruit Salad



