

# Weekly Menu Detail

September 2022 Wk 1 Gayton

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
<p><b>Pasta with Tomato &amp; Basil sauce *</b> Contains Cereals containing Gluten Contains Milk Contains Wheat</p> <p><b>Veggie balls *</b> Contains Soybean</p> <p><b>Cheese Sub Roll 1/2 White*</b> Contains Cereals containing Gluten Contains Milk Contains Wheat</p> <p><b>Cheese Sub Roll 1/3 Brown*</b> Contains Cereals containing Gluten Contains Milk Contains Wheat Contains Oats</p> <p><a href="#">Sides</a></p>	<p><b>Jacket Potato with Tuna Mayonnaise (60)*</b> Contains Fish Contains Eggs</p> <p><b>Cheese &amp; Tomato Pizza (frozen base) 6*</b> Contains Cereals containing Gluten May Contains Eggs Contains Milk Contains Wheat</p> <p><b>Cheese &amp; tomato pizza brown base 12*</b> Contains Cereals containing Gluten Contains Milk Contains Wheat</p> <p><b>Chicken Pasta with Tomato &amp; Basil sauce **</b> Contains Cereals containing Gluten</p>	<p><b>Cumberland Veg Sausage GF, Df, EF*</b> Contains Cereals containing Gluten Contains Soybean Contains Celery /Celeriac May Contains Milk Contains added Sulphur dioxide and/ or sulphites at a level &gt;10mg/kg Contains Wheat Contains Barley</p> <p><b>Gravy*</b></p> <p><b>Roast Pork, Gravy &amp; Stuffing (Primary) sliced*</b> Contains Cereals containing Gluten Contains Wheat</p> <p><b>Halal Chicken Fillet*</b></p> <p><a href="#">Sides</a></p>	<p><b>Macaroni Cheese *</b> Contains Cereals containing Gluten Contains Milk Contains Mustard Contains Wheat</p> <p><b>Beef Spaghetti Bolognese (inc spaghetti) *</b> Contains Cereals containing Gluten Contains Wheat</p> <p><b>Halal Chicken Sausage *</b> Contains Cereals containing Gluten Contains added Sulphur dioxide and/ or sulphites at a level &gt;10mg/kg Contains Wheat</p> <p><a href="#">Sides</a></p> <p><b>Baguette Chunks*</b> Contains Cereals containing</p>	<p><b>Quorn Cottage Pie **</b> Contains Cereals containing Gluten Contains Celery /Celeriac Contains Eggs Contains Wheat Contains Barley Contains Oats</p> <p><b>Jacket Potato with Beans &amp; Cheese (60)*</b> Contains Milk</p> <p><b>HR Salmon &amp; Sweet Potato Fish Cake</b> Contains Cereals containing Gluten Contains Fish Contains Wheat</p> <p><a href="#">Sides</a></p> <p><b>Gravy (S)*</b></p> <p><b>Baguette Chunks*</b> Contains Cereals containing Gluten Contains Wheat</p>

<b>Mixed Salad*</b>	May Contains Tree Nuts Contains Milk	<b>Roast Potatoes Org*</b>	Gluten Contains Wheat	May Contains Barley May Contains Oats
<b>Carrots*</b>	Contains Wheat	<b>Vegetable Medley*</b>	May Contains Barley May Contains Oats	<b>Tomato ketchup</b>
<b>Mashed Potatoes*</b>	<b>Sides</b>	<b>Dessert</b>		
<b>Gravy*</b>	<b>Baguette Chunks*</b> Contains Cereals containing Gluten	<b>Fresh Fruit Salad*</b>	<b>Peas*</b>	<b>Oven chips*</b>
<b>Minted Peas*</b>	Contains Wheat May Contains Barley May Contains Oats	<b>Milk*</b> Contains Milk	<b>Gravy*</b>	<b>Fresh Broccoli*</b>
<b>Dessert</b>		<b>Oaty lemon &amp; apricot cookie**</b>	<b>Mashed Potatoes**</b>	<b>Dessert</b>
<b>Fresh Fruit Salad*</b>	<b>Sweetcorn*</b>	Contains Cereals containing Gluten	<b>Fruits of the forest Crumble</b>	<b>Shortbread Cookie*</b> Contains Cereals containing Gluten Contains Wheat
<b>Angel Mousse Biscuit Dessert*</b>	<b>Mixed Salad*</b>	Contains added Sulphur dioxide and/ or sulphites at a level >10mg/kg	Contains Cereals containing Gluten Contains Wheat	<b>Fresh Fruit Salad*</b>
Contains Cereals containing Gluten May Contains Soybean Contains Milk Contains Wheat	<b>Dessert</b>	Contains Wheat May Contains Barley Contains Oats	<b>Fresh custard*</b> Contains Milk	
	<b>Fresh Fruit Salad*</b>		<b>Fresh Fruit Salad*</b>	
	<b>Orange Muffin*</b> Contains Cereals containing Gluten Contains Eggs Contains Wheat			