

Week: 1
Date: 8th November, 29th November,
3rd and 24th January



Gayton Junior School

For Allergen information please ask a member of the catering team.



Monday


Tuesday

Wednesday

Thursday

Friday


Meat free


 Veggie Spaghetti Bolognese with Baguette Chunk and Carrots


Chicken Wrap – hot Served with Mixed Salad & Sweetcorn


Roast Pork & Stuffing, Gravy served with Organic Roast Potato & Vegetable Medley


Beef Burger served with Cucumber & Carrot Sticks


MSC Salmon Fishcake served with Chips and Baked Beans 


 Cumberland Vegan Sausage & Mash with Gravy and Carrots

 Cheese & Tomato Pizza served with Mixed Salad and Sweetcorn

 Quorn Roast & Gravy served with Organic Roast Potato & Vegetable Medley

 Vegetable Lasagne with Baguette Chunk and Mixed Salad


 Cheese Snack served with Chips and Baked Beans

 Cheese Sandwich served with Crunchy Carrot & Cucumber Sticks

Jacket Potato served with Tuna Mayonnaise and Sweetcorn

Halal Chicken Fillet Stuffing, Gravy served with Organic Roast Potato & Vegetable Medley

Halal Beef Burger served with Cucumber & Carrot Sticks

 Jacket Potato served with Cheese & Baked Beans

Apple Crumble & Custard

Butterscotch Tart

Oaty Cookie with Milk

Fruity Flapjack

Lemon Drizzle Muffin

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



Main


Dessert



Week: 2
 Date: 18th October, 15th November, 6th December,
 10th & 31st January,



Gayton Junior School

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian


For Allergen information please ask a member of the catering team.



	Monday	Tuesday	Wednesday	Thursday	Friday
--	--------	---------	-----------	----------	--------

Meat Free

Main


 Veggie Cottage Pie with Gravy and Peas


BBQ Chicken with Rice and Salad

Roast Beef served with Gravy, Yorkshire Pudding and Organic Roast Potatoes & Vegetable Medley

Jacket Potato with Bacon served with Baked Beans


MSC Fish served with Chips Mushy Peas or Carrots


 Mac & Cheese with Baguette Chunk and Peas

 Cheese & Tomato Pizza served with Homemade Coleslaw or Salad

 Quorn Roast, Yorkshire Pudding With Gravy served with Organic Roast Potatoes and Vegetable Medley


 Veggie Chilli on Jacket Potato with Sweetcorn


 Veggie Meatballs with Tomato Sauce, Chips and Peas

 Cheese Sub Roll served with Crunchy Carrot & Cucumber Sticks

Halal BBQ Chicken with Rice and Salad

Halal Chicken Fillet Yorkshire Pudding Gravy served with Organic Roast Potato & Vegetable Medley

 Cheese & Tomato Panini served with Baked Beans or Sweetcorn

 Tomato & Basil Pasta served with Baguette Chunk and Peas

Dessert

Orange Muffin

Angel Delight

Shortbread with Milk

Sticky Toffee Pudding and Custard

Banana & Custard

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Or Plums & Custard

Fresh Fruit Salad



Week: 3
Date: 1st & 22nd November, 13th December,
17th January, 7th February



Gayton Junior School

For Allergen information please ask a member of the catering team.



Monday

Meat Free

✓ Butternut Squash & Chickpea Tagine served with Rice and Carrots

✓ Tomato & Mascarpone Pasta with Baguette Chunk and Carrots

✓ Cheese Sandwich served with Crunchy Apple Wedges & Red Pepper Sticks

Jelly & Fruit Milk

Fresh Fruit Salad

Tuesday

Tuna Pastry Parcel served with Boiled Potatoes and Sweetcorn

✓ Cheese & Tomato Pizza served with Sweetcorn & Mixed Salad

✓ Tomato & Basil Pasta served with Baguette Chunk & Mixed Salad

Oaty Apricot Cookie

Fresh Fruit Salad

Wednesday

Roast Chicken served with Gravy, Stuffing and Organic Roast Potatoes & Vegetable Medley

✓ Quorn Roast served with Gravy, Stuffing and Organic Roast Potatoes & Vegetable Medley

Halal Roast Chicken served with Gravy, Stuffing and Organic Roast Potatoes & Vegetable Medley

Fruit Muffin & Milk

Fresh Fruit Salad

Thursday

Sausage & Mash served with Gravy and Broccoli

✓ Cumberland Vegan Sausage served with Gravy and Mash and Broccoli

Halal Chicken Sausage & Mash served with Gravy and Broccoli

Plum Shortcake Slice & Custard

Fresh Fruit Salad

Friday

MSC Fish Fingers served with Chips and Baked Beans

✓ Vegan Mini Burger with Oven Chips and Baked Beans

✓ Jacket Potato served with Cheese & Baked Beans

Chocolate Sponge & Chocolate Custard

Fresh Fruit Salad

Main

Dessert

