

Weekly Menu Detail

September 2021 Wk 1 Gayton

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
<p>Spaghetti Bolognese veggiemince*</p> <p>Contains Cereals containing Gluten</p> <p>Contains Soybean</p> <p>Contains Wheat</p>	<p>Chicken Fajitas*</p> <p>Contains Cereals containing Gluten</p> <p>Contains Wheat</p>	<p>Cumberland Veg Sausage GF, Df, EF*</p> <p>Contains Soybean</p> <p>Contains added Sulphur dioxide and/ or sulphites at a level >10mg/kg</p>	<p>Veggie Lasagne*</p> <p>Contains Cereals containing Gluten</p> <p>Contains Celery /Celeriac</p> <p>Contains Milk</p> <p>Contains Mustard</p> <p>Contains Wheat</p>	<p>Jacket Potato with Beans & Cheese (60)*</p> <p>Contains Milk</p>
<p>Pasta with Tomato & Basil sauce *</p> <p>Contains Cereals containing Gluten</p> <p>Contains Milk</p> <p>Contains Wheat</p>	<p>Jacket Potato with Tuna Mayonnaise (60)*</p> <p>Contains Fish</p> <p>Contains Eggs</p>	<p>Roast Pork, Gravy & Stuffing (Primary) sliced*</p> <p>Contains Cereals containing Gluten</p> <p>Contains Wheat</p>	<p>Chicken curry Punjabi *</p> <p>Contains added Sulphur dioxide and/ or sulphites at a level >10mg/kg</p>	<p>Cheese Snack*</p> <p>Contains Cereals containing Gluten</p> <p>Contains Milk</p> <p>Contains Wheat</p>
<p>Ham Panini*</p> <p>Contains Cereals containing Gluten</p> <p>May Contains Milk</p> <p>Contains Wheat</p> <p>May Contains Barley</p> <p>May Contains Oats</p>	<p>Cheese & Tomato Pizza (bap Mix)*</p> <p>Contains Cereals containing Gluten</p> <p>Contains Soybean</p> <p>May Contains Eggs</p> <p>Contains Milk</p> <p>Contains Wheat</p>	<p>Halal Chicken Fillet*</p> <p>Sides</p>	<p>Halal Beef Burger</p> <p>Contains Cereals containing Gluten</p> <p>Contains Wheat</p>	<p>HR Salmon & Sweet Potato Fish Cake</p> <p>Contains Cereals containing Gluten</p> <p>Contains Fish</p> <p>Contains Wheat</p>
<p>Sides</p>	<p>Cheese & Tomato Pizza (frozen base) 8 CLONE</p> <p>Contains Cereals containing Gluten</p> <p>May Contains Eggs</p>	<p>Roast Potatoes Org*</p>	<p>Bread Roll FP*</p> <p>Contains Cereals containing Gluten</p> <p>May Contains Eggs</p> <p>May Contains Milk</p> <p>Contains Wheat</p>	<p>Baked Beans*</p>
<p>Baguette Chunks*</p>	<p>Cheese & Tomato Pizza (frozen base) 8 CLONE</p> <p>Contains Cereals containing Gluten</p> <p>May Contains Eggs</p>	<p>Vegetable Medley*</p>	<p>Fresh Fruit Salad*</p>	<p>Oven chips*</p> <p>Dessert</p>
		<p>Mashed Potatoes*</p> <p>Contains Milk</p> <p>Dessert</p>	<p>Bread Roll FP*</p> <p>Contains Cereals containing Gluten</p> <p>May Contains Eggs</p> <p>May Contains Milk</p> <p>Contains Wheat</p>	<p>Lemon Drizzle Cup Cakes*</p>

Contains Cereals containing
Gluten
May Contains Milk
Contains Wheat
May Contains Barley
May Contains Oats

Carrots*

Mixed Salad*

[Dessert](#)

Fresh custard*

Contains Milk

Fresh Fruit Salad*

Apple Crumble *

Contains Cereals containing
Gluten
Contains Wheat

Contains Milk
Contains Wheat

**Cheese & tomato pizza brown
base 16 CLONE**

Contains Cereals containing
Gluten
Contains Milk
Contains Wheat

[Sides](#)

Sweetcorn*

Mixed Salad*

Potato Wedges*

[Dessert](#)

Fresh Fruit Salad*

Cornflake Tart*

Contains Cereals containing
Gluten
Contains Wheat

Milk*

Contains Milk

Oaty Cookies*

Contains Cereals containing
Gluten
Contains Milk
Contains Wheat
Contains Oats

May Contains Oats

[Sides](#)

Baguette Chunks*

Contains Cereals containing
Gluten
May Contains Milk
Contains Wheat
May Contains Barley
May Contains Oats

Fresh Broccoli*

Flatbread*

Contains Cereals containing
Gluten
Contains Milk
Contains Wheat

White Rice*

[Dessert](#)

Fresh Fruit Salad*

Fruit Flapjack*

Contains Cereals containing
Gluten
Contains Oats

Contains Cereals containing Gluten
Contains Eggs
Contains Milk
Contains Wheat