

## Physical Education

Spiritual education involves pupils developing a variety of skills, e.g. performing a sequence in gymnastics, which allows the pupils to express their feelings and emotions as well as be amazed by what their bodies can achieve.

Moral education in PE concerns pupils having the opportunity to understand how PE can influence their healthy living and lifestyle. PE highlights the advantages of health and lifestyle through team sports and health related fitness. Pupils are also able to understand the rules of activities and the reasons why they need to abide by them and understand what fair play is.

Social education involves pupils having the opportunity to work as a team, as well as reflect on feelings of determination and enjoyment. Pupils are given the role of a coach or leader to develop their social skills in co-operation, communication, commitment, loyalty and team work.

Cultural education in PE means pupils are given the opportunity to learn games and dances from different traditions, including their own.

### SMSC examples in physical education at Gayton

In all year groups, in Athletics, Dance & Gymnastics, children increase their social skills by watching a partner's athletic performance and identify their main strengths.

In all year groups, in Invasion Games (Netball, Tag Rugby etc.) children increase their social skills by working as part of a team.

In all year groups, children increase their social and moral skills by learning to take defeat graciously.