

## PSHE Long Term Planning

### Based around PSHE Matters (Derbyshire)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Being Responsible	Bullying Matters	Healthy Me	Relationships	Being Me	Changing Me Money Matters
Year 4	Being Safe	Bullying Matters	Drug Education	Exploring Emotions	Difference & Diversity	Growing Up
Year 5	Being Responsible	Bullying Matters	Drug Education	Exploring Emotions	Difference & Diversity	Growing Up
Year 6	Being Safe	Bullying Matters	Healthy Me	Relationships	Being Me	Changing Me Money Matters

We have added some lessons to our units which come from recommendations from the PSHE Association, such as age-appropriate Drug Education lessons and lessons used to support our Growing Up and Changing Me curriculum from the Growing Up with Yasmine and Tom scheme of work. These resources can be found on our website for parents to view during, and following, our consultation period.

A number of lessons have been adapted from the PSHE Matters scheme and developed within school to reflect the diversity of our community and these themes are introduced at an age-appropriate level through books and stories with the children.

Units are based around the key themes of PSHE: Living in the Wider World (red), Relationships (blue) and Health & Wellbeing (green). Some units of work include aspects of all three themes (gold).

#### **Objectives met through whole school activities:**

R22, R25, R26 – Met through bi-annual NSPCC Assemblies/Workshops.

H12 – Sun Safety Assembly