

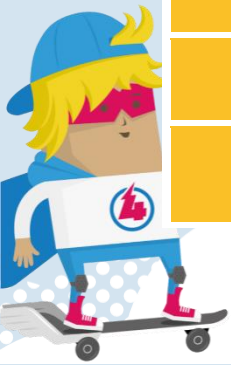


AUTUMN WINTER 2019-20 MENU

WEEK ONE



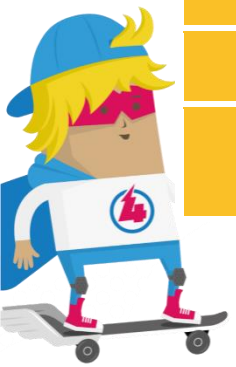
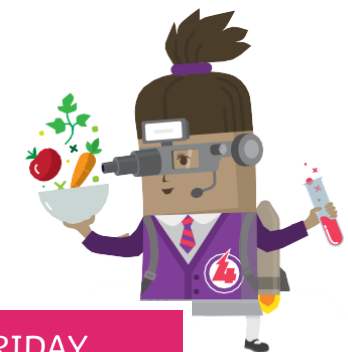
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Traditional Sausage and Mash	Margherita Pizza with $\frac{1}{2}$ Jacket Potato	British Savoury Beef Pie with Mash	Chicken Tikka with Rice	Cod Fish Fingers with Chips & Tomato Sauce
Halal	Halal Sausage and Mash (H)	Margherita Pizza with $\frac{1}{2}$ Jacket Potato	Halal Savoury Lamb Pie with Mash (H)	Chicken Tikka with Rice (H)	Cod Fish Fingers with Chips & Tomato Sauce
Vegetarian Main Course	Veggie Sausage and Mash (V)	Margherita Pizza with $\frac{1}{2}$ Jacket Potato	Quorn Savoury Mince Pie (V)	Vegetable Tikka with Rice (V)	Vegetable Nuggets and Chips with Tomato Sauce (V)
Jacket Potato and Filling	On Request	On Request	On Request	On Request	On Request
Sandwich or Roll Choice	On Request	On Request	On Request	On Request	On Request
Vegetables	Cauliflower Mixed Vegetables	Garden Peas Baked Beans	Savory Cabbage Sweetcorn	Naan Bread	Garden Peas Baked Beans
Salads, Fruit & Yoghurts	Various Assortment	Various Assortment	Various Assortment	Various Assortment	Various Assortment
Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread
Dessert	Ginger Sponge & Custard	Fruit Flapjack & Apple Slices	Chocolate Sponge & Chocolate Sauce	Jam Sponge & Custard	Shortbread & Fruit Wedges





AUTUMN/WINTER 2019-20 MENU

WEEK TWO

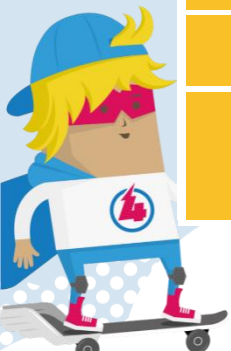


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Cornish Pasty with Potato Wedges	The Great British Breakfast	Roast Chicken served with all the trimmings	Cottage Pie	Potluck or Salmon Fish Fingers with Chips
Halal	Halal Chicken Pasty with Potato Wedges (H)	The Great British Halal Breakfast (H)	Halal Roast Chicken with all the trimmings (H)	Halal Cottage Pie (H)	Potluck or Salmon Fish Fingers with Chips
Vegetarian Main Course	Cheese & Potato Pasty with Potato Wedges (V)	The Great British Vegetarian Breakfast (V)	Chickpea and Lentil Roast with all the trimmings (V)	Vegemince Cottage Pie (V)	Vegetable Nuggets with Ketchup and Chips (V)
Jacket Potato and Filling	On Request	On Request	On Request	On Request	On Request
Sandwich or Roll Choice	On Request	On Request	On Request	On Request	On Request
Vegetables	Garden Peas Fresh Salad	$\frac{1}{2}$ Tomato Baked Beans	Cauliflower Mixed Vegetables	Carrots Savvy Cabbage	Garden Peas or Baked Beans
Salads, Fruit & Yoghurts	Various Assortment	Various Assortment	Various Assortment	Various Assortment	Various Assortment
Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread
Dessert	Hot Chocolate Fudge Cake & Custard	Cornflake Tart & Custard	Shortbread & Fruit	Feathered Jam Sponge & Custard	Ginger & Mandarin Muffin



AUTUMN/WINTER 2019-20 MENU

WEEK THREE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Beefburger in a Bun with Homemade Wedges	Chicken Korma with Brown Rice	Homemade Chicken Pie & Mash	Pasta Carbonara	MSC Pollack or Salmon Fish Fingers with Chips
Halal	Halal Beefburger in a Bun with Homemade Wedges (H)	Halal Chicken Korma With Brown Rice (H)	Halal Chicken Pie & Mash (H)	Pasta Carbonara (H)	MSC Pollack or Salmon Fish Fingers with Chips
Vegetarian Main Course	Veggie Burger in a Bun with Homemade Wedges (V)	Butternut & Cauliflower Korma with Brown Rice (V)	Creamy Vegetable Lentil Pie & Mash (V)	Macaroni Cheese (V)	Vegetable Nuggets with Chips (V)
Jacket Potato and Filling	On Request	On Request	On Request	On Request	On Request
Sandwich or Roll Choice	On Request	On Request	On Request	On Request	On Request
Vegetables	Sweetcorn Carrots	Naan Bread	Cauliflower Garden Peas	Broccoli Sweetcorn	Garden Peas Baked Beans
Salads, Fruit & Yoghurts	Various Assortment	Various Assortment	Various Assortment	Various Assortment	Various Assortment
Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread
Dessert	Apple Crumble & Custard	Lemon Slice with Milk	Chocolate Crunch & Custard	Marble Sponge & Custard	Crunchy Biscuit & Apple Slices

Sandwiches, Rolls and Jacket Potatoes
are available to order from the Office before school.



Sandwich/Roll Fillings :

Tuna
Cheese
Ham
Turkey
Egg

Jacket Potato Fillings :

Tuna Mayonnaise
Grated Cheese
Baked Beans