

GAYTON JUNIORS LUNCH MENU **WEEK 1**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Dogs with Jacket Wedges and Tomato Sauce	Beef Spaghetti Bolognaise with Homemade Wholemeal Garlic Bread	Roast of the Day with Stuffing, New Potatoes and Gravy	Chicken & Sweetcorn Pie with Mashed Potatoes	Fish Fingers with Chips and Tomato Sauce
Quorn Burger in a Bun with Jacket Wedges and Tomato Sauce ✓	Macaroni Cheese with Homemade Wholemeal Garlic Bread ✓	Quorn Roast with Stuffing, New Potatoes and Gravy ✓	Cheese Flan with Jacket Wedges and Tomato Sauce ✓	Tortilla Layer with Chips and Tomato Sauce ✓
Peas Sweetcorn Salad Selection	Green Beans Carrots Salad Selection	Cabbage Mixed Vegetables Salad Selection	Broccoli Sweetcorn Salad Selection	Peas Baked Beans Salad Selection
Jam Shortbread with Custard	Treacle Syrup Sponge with Custard	Jelly with Fruit	Pears or Peaches with Ice Cream	Chocolate Muffin

AVAILABLE DAILY:

Jacket potatoes with a choice of filling {Tuna Mayonnaise, Baked Beans & Cheese}
 Sandwich Selection with a choice of filling (Cheese, Tuna, Ham, Egg Mayonnaise or Turkey)
 Fruit and Yoghurt



GAYTON JUNIORS LUNCH MENU **WEEK 2**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken pizza	Sausages with Mashed Potatoes and Gravy	Roast of the Day with Stuffing, Roast Potatoes and Gravy	American Baked Chicken with wholegrain rice	Fish with Chips and Tomato Sauce
Homemade Wholemeal Cheese & Tomato Pizza with Half Jacket Potato ✓	Quorn Sausage with Mashed Potatoes and Gravy ✓	Quorn Roast with Stuffing, Roast Potatoes and Gravy ✓	Tomato & Vegetable Pasta Bake ✓	Bean Bake with Chips and Tomato Sauce ✓
Carrots Sweetcorn Salad Selection	Cauliflower Green Beans Salad Selection	Peas Carrots Salad Selection	Sweetcorn Green Beans Salad Selection	Peas Baked Beans Salad Selection
Rice Crispy Slice with Custard	Lemon Drizzle Cake with Custard	Jelly with Mandarins	Strawberry Cheesecake	Crunchie Oaty Bites with Apple Wedges

AVAILABLE DAILY:

Jacket potatoes with a choice of filling {Tuna Mayonnaise, Baked Beans & Cheese}

Sandwich Selection with a choice of filling (Cheese, Tuna, Ham, Egg Mayonnaise or Turkey)

Fruit and Yoghurt



GAYTON JUNIORS LUNCH MENU **WEEK 3**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salmon Sub Melt with Half Jacket Potato	Lamb Meatballs and Tomato Sauce with Wholegrain Rice	Roast of the day with Yorkshire Pudding, New Potatoes and Gravy	Beef Lasagne with Homemade Wholemeal Garlic Bread	Fish Fingers with Chips and Tomato Sauce
Homemade Wholemeal Cheese and Tomato Pizza with Wedges ✓	Beany Wrap with Wholegrain Savoury Rice ✓	Quorn Roast with Yorkshire Pudding, New Potatoes and Gravy ✓	Roasted Vegetable Lasagne with Homemade Wholemeal Garlic Bread ✓	Vegetable Chilli with Wholemeal Rice ✓
Baked Beans Sweetcorn Salad Selection	Broccoli Carrots Salad Selection	Cauliflower Green Beans Salad Selection	Mixed Vegetables Peas Salad Selection	Peas Baked Beans Salad Selection
Apple Flapjack Finger with Apple Wedges	Iced Carrot Cake and Orange Wedge	Jelly with Peaches	Fruity Rocky Road	Chocolate Fudge Cake

AVAILABLE DAILY:

Jacket potatoes with a choice of filling {Tuna Mayonnaise, Baked Beans & Cheese}
 Sandwich Selection with a choice of filling (Cheese, Tuna, Ham, Egg Mayonnaise or Turkey)
 Fruit and Yoghurt

