



# Autumn Term 2018 Report

Gayton Junior  
School





# Derby County Community Trust are the Official Charity of Derby County Football Club.

Registered Charity Number 1123520

As a charity working at the heart of the community, our mission is to use the power of Derby County Football Club to improve lives through sport, physical activity and education.

Across 2017 alone we invested £1.7 million into the community, allowing us to work regularly with 17000 participants ranging from the age of 3 to 98 at over 200 weekly sessions.

Our purpose across the community is to:

- Encourage participation and achievement in sport.
- Improve health and wellbeing by promoting positive lifestyle changes.
- Provide, enhance and influence education.
- Promote equality and diversity.
- Produce more leaders, coaches and volunteers.
- Govern the operations of DCCT efficiently and effectively.

Our work has recently seen Derby County named Community Club of the Year by the EFL.



# Your affiliation

Welcome to our network – by affiliating to us we are working together to:

- Use the power of Derby County Football Club to inspire and motivate pupils to be active, healthy learners
- Ensure ALL young people benefit from PE, Sport & Physical Activity
- Celebrate and advocate PE, Sport & Physical Activity
- Develop teachers knowledge, skills and confidence
- Improve PE, Sport & Physical Activity delivery
- Create an inclusive environment and provide opportunities for all pupils
- Use PE, Sport & Physical Activity as a tool for whole school improvement
- Discover how other schools successfully deliver PE, Sport & Physical Activity
- Offer a wider range of opportunities to encourage 30 daily active minutes
- Signpost young people to community sport and physical activity

# Primary PE & Sport Premium Funding

Our affiliation package is recognised as an ideal use of some of your Primary PE & Sport Premium funding and is designed to fulfil all the Key Indicators of the funding:

- The engagement of all pupils in regular physical activity
- The profile of PE and sport is raised across the school as a tool for whole school improvement
- Increased confidence, knowledge and skills of all staff in teaching PE and sport
- Broader experience of a range of sports and activities offered to all pupils
- Increased participation in competitive sport

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# Contact us



[derbycountycommunitytrust.com](http://derbycountycommunitytrust.com)



[derbycityssp.co.uk](http://derbycityssp.co.uk)



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# Gayton Junior School

Your school affiliation package 2018-19

Supporting your school to develop an environment that enables all pupils to be active, healthy learners.

## SCHOOLS

- PE & Sport Premium funding guidance and support
- Head Teacher updates
- Termly personalised reports and impact statements
- Breakfast Briefings
- Governor Training
- Health and Safety guidance
- Weekly e-bulletin
- Affiliation personalised plan and logo



Equipping staff with the knowledge, confidence and skills to ensure all pupils can thrive as active, healthy learners.

## STAFF

- Training Workshops
- Annual conference
- Networking opportunities
- PE Co-Ordinator support
- NQT training
- Premier League Primary Stars website and other national initiatives



### YOUR BOLT ONS

- Example Dance Lessons
- Level 5/6 Professional Qualification in Primary School PE Specialism and Subject Leadership



Inspiring and motivating all pupils to be active, healthy learners, through high quality events and programmes.

## PUPILS

- Extensive events calendar
- Primary leadership conference
- Rammie's Daily Mile resource
- Child Weight Management pathway
- Coaching (lunchtime & after school club)
- Choice of:
  - +Sport Move and Learn
  - Resilient Rammie
  - Themed activity day



### YOUR BOLT ONS

- After school clubs
- Mini Sports Leader Award Assembly
- Gifted and Talented Sessions



Advocating the importance of an active, healthy lifestyle.

## FAMILIES

- Parent newsletter
- Holiday courses, weekend coaching and Talent ID programmes



## YOUR AFFILIATION PACKAGE



# Events Uptake

<u>Event</u>	<u>Date</u>	<u>Girls</u>	<u>Boys</u>	<u>Total</u>
Footgolf	19.09.2018			
Fitness Is Fun Festival	26.09.2018			
Y5/6 Mixed Mini Soccer	27.09.2018			
Primary Individual Cross Country	3.10.2018			
Y5/6 Girls Mini Soccer	4.10.2018			
MOTD Festival	8.10.2018			
Primary Handball Festival	9.10.2018			
Primary Team Cross Country	10.10.2018			
Multisports Festival	11.10.2018			
Sitting Volleyball Plus	16.10.2018			
Primary Sitting Volleyball	16.10.2018			
Primary Cross Country Relays	17.10.2018			
FUNdamentals Festival	19.10.2018			
Basketball Plus	23.10.2018			
Y6/7 Futsal	24.10.2018			
Multisports Festival	26.10.2018			
Benchball Festival	6.11.2018			
Primary Team Table Tennis	8.11.2018			
#ThisGirlCan Festival	9.11.2018			
Y5/6 Cyclo Cross	15.11.2018			
Football Plus	20.11.2018			
Y5/6 Girls Football Festival	20.11.2018	11	0	11
FUNdamentals Festival	21.11.2018			
Fitness Is Fun	23.11.2018			
Y4/5 Futsal	27.11.2018			
Y5/6 Fitness Is Fun Festival	28.11.2018			
Y5/6 Gymnastics	29.11.2018			
Seasonal Dance Festival	30.11.2018			
DCCT Y3/4 Girls Football Festival	5.12.2018			
#ThisGirlCan @ Christmas	6.12.2018			
Festive Festival	7.12.2018			
Festive Festival	11.12.2018			
Rocking Around The Christmas Tree	13.12.2018			

# Workshops Uptake

<u>Workshops</u>	<u>Date</u>	<u>Attended</u>
Welcome Back Meeting	18.09.2018	1
PE Co-Ordinators Meeting	25.09.2018	
Level 3/5 Day 1	5.10.2018	
Governors Training	16.10.2018	
Activate Your School	18.10.2018	
NQT Intro to PE Day 1	19.10.2018	
Mental Health First Aid Course	5.11.2018 & 12.11.2018	
Move with Zip Active	7.11.2018	
Swimming Workshop	8.11.2018 & 20.11.2018	
Level 3/5 Day 2	9.11.2018	
Gym, Dance & Fitness	16.11.2018	
Action Plan and PE Policy Writing	30.11.2018	
Level 6 Day 1	7.12.2018	1



# Working with schools...

Supporting your school to develop an environment that enables all pupils to be active, healthy learners.

## Core Affiliation Package

- PE & Sport Premium funding guidance and support
- Head Teacher updates
- Termly reports
- Governor training
- Health & Safety guidance
- Weekly e-bulletin
- Affiliation plan and logo

## Enhanced Affiliation Package

- Audit and needs analysis
- PE & Sport Premium funding action plan writing support
- PE & Physical Activity Policy writing support
- Pupil fitness measurements
- Pupil mental well-being measures
- PTA support with fundraising

## Affiliation Bolt-On Programmes

- Pupil fitness measurements
- PE & Sport Premium funding action plan writing support
- Kitemark application support
- School based holiday club



# How we've helped your school...

#StandUpDerbyshire2018

September 2018

## Summary:

Schools were challenged to get their schools active for at least 50% of the day through a variety of activities.

## Impact:

- gained ideas to build more physical activity into the school day
- advocated the importance of daily physical activity
- worked towards all pupils being active for a minimum of 30 minutes every day.

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)
- Increased participation in competitive sport (KI 5)

Breakfast Briefing

September 2018

## Summary:

Schools were provided with an update regarding the Primary PE & Sport Premium Funding. In addition, the SSP shared information about the opportunities for 2017-18 in PE, School Sport and Physical Activity for Derby City schools. Delegates were encouraged to network with schools and organisations throughout the session.

## Impact:

- Schools provided with latest update regarding Primary PE & Sport Premium Funding from Sept 2017 and effective usage of the funding
- SSP Activity Wheel 2017/18 shared, enabling schools to shape their individual school plan for PE, School Sport and Physical Activity
- Calendar of events for 2017/18 shared to allow schools to identify range of opportunities to benefit pupils next year.

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This term:

- You have accessed two progress and support meetings
- Received detailed data on your pupils levels of fitness, physical development and weight
- Accessed training for all staff on increasing physical activity across the school day
- Accessed training for individual staff to support physical literacy
- All pupils have accessed an assembly which covered the importance of physical activity and healthy eating
- All pupils have had access to new playground games and the 'active lunchtime' resource
- Targeted pupils have accessed Rammie's Healthy Heroes lunchtime club
- Targeted pupils have accessed the physical literacy intervention

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## Working with staff...

Equipping staff with the knowledge, confidence and skills to ensure all pupils can thrive as active, healthy learners.

### Core Affiliation Package

- Training workshops
- Annual conference
- Networking opportunities
- PE Coordinator support
- NQT training
- Premier League Primary Stars/ national initiatives

### Enhanced Affiliation Package

- Active school day training
- Whole school INSET
- Mental health first aid training
- Active lunchtime training
- Teacher support
- Rammie's Daily Mile
- Winning Minds package
- Premier League Primary Stars

### Affiliation Bolt-On Programmes

- Mentoring
- Teacher support
- Whole school INSETs
- Curriculum resources
- Level 5/6 Qualification
- Level 3 Qualification
- Physical Literacy programme
- Mental health first aid training



# How we've helped your staff...

## Model PE Lesson

November 2018

### Summary:

PE Specialist from Derby City SSP worked with three trainee teachers and the PE Co-Ordinator to upskills their knowledge and confidence in delivering Dance within PE lessons.

### Impact:

- Improved confidence for trainee teachers in delivering Dance
- Know the key elements of a high quality Dance lesson
- Be able to plan Dance lessons

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)

## Level 6 Qualification, 'Primary School Subject Leader'.

December 2018- July 2019

### Summary:

Following the successful completion of the Level 5 Qualification in Primary School PE, Karen Hallam is undertaking the Level 6 Professional Qualification in Primary School Subject Leadership (afPE/ Sports Leaders UK) delivered by Derby City SSP

### Unit content :

- Unit 7: Lead sustainable development within primary school PE
- Understand the role and importance of a primary school PE subject leader
- Be able to determine the quality of PE provision in a given primary school
- Be able to design a targeted strategy to develop primary school PE, school sport and physical activity provision
- Be able to lead the implementation of a targeted strategy to develop a specified aspect of the primary school PE provision
- Be able to review and revise a targeted activity strategy to increase sustainability of teaching and learning impact in primary school PE, school sport and physical activity teaching and learning

### Impact:

- Upon completion of the qualification delegates will be qualified as a Subject Leader and equipped to improve the overall quality of the PE curriculum

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)

**Summary:**

Delivered an information and training session, targeted at teaching staff, to successfully implement Rammie's Daily Mile and increase physical activity across the school day

**The session included:**

- 'What is the Daily Mile?'
- Active learning ideas
- Top tips to run the programme successfully to help you increase daily physical activity
- Data from your school's baseline assessments for fitness and weight
- Rammie's Daily Mile Challenge booklet and Class charts

**Impact:**

Through attending the training staff :

- Increased understanding of the importance of PE. School Sport and Physical Activity
- Took away a range of practical ideas to increase physical activity
- Had a clearer understanding of how their school compared to other schools with regard to fitness and obesity levels

**Next steps:**

- Continue to implement the Daily Mile across school
- Continue to build in short activity bursts/brain breaks during the school day
- Monitor Daily Physical activity for 4 weeks

**Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:**

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**Summary:**

An information and training session targeted at school staff, to be able to deliver the physical literacy intervention.

**The session included:**

- Raising awareness and knowledge of children's physical development
- How to accurately assess the physical development of children using age appropriate checklists
- An appropriate programme of activity to improve children's gross motor skills
- The referral process to the children's therapy team for children who do not make expected progress

**Impact:**

100% of staff reported feeling more confident to deliver physical literacy and had a great understanding of the importance of physical literacy because of the training.

Through attending the workshop you :

- Increased understanding of the importance of PE. School Sport and Physical Activity
- Increased understanding of how to develop pupils' physical literacy skills through the introduction of the Physical Literacy Intervention Programme, impacting on core stability, concentration, behavior and attainment

**Next steps:**

- Run the intervention programme for 15 minutes a day for a minimum of 6 weeks
- Book in a follow up assessment with the Health team to measure progress

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# Working with pupils...

Inspiring and motivating all pupils to be active, healthy learners, through high quality events and programmes.

## Core Affiliation Package

- Events calendar
- Primary Leadership conference
- Rammie's Daily Mile resource
- Child Weight Management pathway
- Choose 1:**
- +Sport Move and Learn
- Resilient Rammie
- Rammie's Daily Mile resource
- Themed activity day

## Enhanced Affiliation Package

- Lunchtime & after school club
- SEN lunchtime club and curriculum coaching
- Rammie's Healthy Heroes
- Winning Minds package
- +Sport Move and Learn
- Resilient Rammie
- Anti-bullying/ anti-racism workshop
- School sport festival
- Choose 2:**
- FUNdamentals football
- FUNtastics
- Interschool challenge
- Choose 1:**
- School Sport Council training
- Mini Leaders award
- Intra-competition challenges

## Affiliation Bolt-On Programmes

- Lunchtime & after school club
- PPA coaching
- Premier League Reading Stars
- Matchday Maths
- Mini Sports Leaders Award
- Intra-competition challenges
- School Sport Council training
- Cluster level competitions
- School sport festival
- Winning Minds package
- Stadium tours
- Anti-bullying/ anti-racism workshop

# How we've helped your pupils...

## Derby City SSP Events

Autumn Term 2018

### Summary:

Pupils at Gayton Junior have taken part in events ran by Derby City School Sport Partnership during Autumn Term.

### Impact:

Broader experience of a range of sports and activities offered to pupils

Increased participation in inter school competitions

Pupils are motivated to be active and enjoy taking part in competitions and festivals

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)
- Increased participation in competitive sport (KI 5)

## Gifted & Talented Afternoons

November 2018

### Summary:

Gifted and talented children were selected to take part in a an afternoon of activities that would challenge them socially, physically and technically.

### Impact:

- Challenging the pupils social, physical and technical skills through school sport and physical education
- The pupils can understand how to improve their own skills further
- Engage with high quality PE and sports lessons

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**Summary:**

An assembly to launch Rammie's Healthy Heroes lunchtime club and playground challenge to raise awareness of healthy lifestyle messages and increase physical activity levels . This included:

- A reminder on how children can eat healthily and increase their daily physical activity
- 2 hours of staff time to model good practice of playground games and support midday supervisors and play leaders to increase physical activity at lunch and playtime
- Children who are overweight and/ or inactive access Rammie's Healthy Hero club for 8 weeks

**Impact: Pupils will have:**

- Increased understanding of the importance of Physical Activity to keep them healthy
- Increased understanding of the importance of healthy eating including portion size and sugar intake
- A range of new games to try at breaks and lunchtimes to increase physical activity levels

**Next steps:**

- Monitor how the playground resource is being used. Is this something that Mini Leaders could develop further?
- Monitor attendance at Rammie's Healthy Hero lunch club to ensure targeted children are attending

**Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:**

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**Summary:**

Afterschool coaching designed to provide children with a safe and enjoyable opportunity to learn new skills and be active following the school day. The sessions included:

- Delivery by a qualified and experience member of the DCCT coaching team
- A specific focus agreed in consultation with PE Coordinator
- Progressive sessions over the half term
- A range of sports/activities to choose from

Autumn 1 – 12 participants x7 sessions – Football

Autumn 2 – 14 participants x6 sessions - Football

**Impact:**

Through hosting this club you :

- Provided opportunities for children to engage in being active following the school day and therefore contribute to their accumulative total of active minutes for the day
- Provided opportunities for children to improve their knowledge, skill and confidence in the topic/sport being delivered
- Encouraged children to experience an increased range of physical activities/sports

**Next steps:**

- Continuation of Afterschool Club delivery
- Signposting children to out of school grass roots clubs
- Entering an SSP event in the sport/activity covered

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

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# Family Newsletter

Derby County Community Trust run a whole host of activities outside school too!

## Weekend and Holiday Coaching

Your kids can join us for Weekend Club or Holiday Coaching to keep them busy while they're off school. Weekend Club runs every week at Powerleague Soccerdome for kids from pre-Reception to Year 6, with six different time slots, and our popular holiday coaching courses for primary ages kids run in five different areas across Derbyshire: Powerleague Soccerdome, Derby Arena (Multi-Sports), Ripley Leisure Centre, Ripley Leisure Centre and Springfield Junior School (Multi-Sports). Find out more and book online: <https://www.derbycountycommunitytrust.com/programmes/participation/>



## Everybody Active



If you're after an affordable way to get fit, our Everybody Active membership is the perfect solution. We bring the gym to you, with a host of exercise classes, from Zumba to BoxFit, delivered in local community spaces and at the home of the Rams, Pride Park Stadium. You can pay as you go or join an annual membership for only £50 – meaning you can get fit from as little as £1 a week! Find out more here:

<https://www.derbycountycommunitytrust.com/programmes/health/everybody-active/>

## Derby 10K

Or are you after a challenge? Derby County Community Trust are the proud hosts of the Derby 10K which raises over £30,000 for our projects every year! It's taking place on 7th April 2019 at 9am and is set to be another great event for all, with the chance to get your colleagues involved in the Business Team Challenge, or get the kids to do their bit too by taking part in the Derby 3K fun run which takes place after the main event. For more information and to enter please see: [www.derby10k.co.uk](http://www.derby10k.co.uk)



# Next term's events

Event	Date	Booked
Primary Individual Table Tennis	10.01.2019	
Winter Seasonal Walk (AM)	15.01.2019	
Winter Seasonal Walk (PM)	15.01.2019	
Boccia Plus	16.01.2019	
Primary Boccia	16.01.2019	
Football Plus	22.01.2019	
Girls Football Festival	22.01.2019	
Sportshall Athletics Plus	23.01.2019	
New Age Kurling Plus	29.01.2019	
Primary New Age Kurling	29.01.2019	
KS1 Fitness Is Fun (AM)	30.01.2019	
KS1 Fitness Is Fun (PM)	30.01.2019	
Y3/4 Gymnastics (AM)	31.01.2019	
Y3/4 Gymnastics (PM)	31.01.2019	
Gymnastics Plus	1.02.2019	
American Superbowl Festival	5.01.2019	
Fundamentals Festival (AM)	6.02.2019	
Fundamentals Festival (PM)	6.02.2019	
Y5/6 Sportshall Athletics (AM)	12.02.2019	
Y5/6 Sportshall Athletics (PM)	12.02.2019	
Cheerleading Festival	13.02.2019	
Y5/6 Mini Basketball	14.02.2019	
KS1 Sportshall Athletics	27.02.2019	
Y3/4 Sportshall Athletics	27.02.2019	
Multisports Festival (AM)	28.02.2019	
Multisports Festival (PM)	28.02.2019	
Primary Duathlon	5.03.2019	
Celebration of Dance (Thurs PM)	7.03.2019	
Celebration of Dance (Thurs Eve)	7.03.2019	1 Space
Celebration of Dance (Fri AM)	8.03.2019	
Celebration of Dance (Fri PM)	8.03.2019	
Rugby Plus	14.03.2019	
Rugby MegaFest	14.03.2019	

# Next term's events

<u>Event</u>	<u>Date</u>	<u>Booked</u>
Basketball Plus	19.03.2019	
Fundamentals Festival (AM)	20.03.2019	
Fundamentals Festival (PM)	20.03.2019	
Y5/6 Girls Football	21.03.2019	1 Space
#ThisGirlCan	26.03.2019	
Hooping & Skipping Festival (AM)	27.09.2019	
Hooping & Skipping Festival (PM)	27.09.2019	
Orienteering Plus	28.03.2019	
Primary Orienteering	28.03.2019	
Dodgeball Festival	4.04.2019	
Fundamentals Festival (AM)	10.04.2019	
Fundamentals Festival (PM)	10.04.2019	
KS1 Egg Hunt	11.04.2019	
Y1/2 Allstars Cricket (AM)	12.04.2019	
Y1/2 Allstars Cricket (PM)	12.04.2019	

<u>Workshops</u>	<u>Date</u>	<u>Booked</u>
Celebration of Dance Choreography	14.01.2019	
Conference	24.01.2019	
Level 3/5 Day 3	1.02.2019	
Mental Health First Aid	4&11.02.2019	2 delegates
Safe Practice In PE	8.02.2019	
Physical Literacy	15.02.2019	
Active Storytelling	12.03.2019	
Games Workshop	15.03.2019	
Assessing PE	22.03.2019	
Level 3/5 Day 4	29.03.2019	
NQT Intro to PE Day 2	5.04.2019	1 delegate



# Active Schools Conference

## 'Creating a Culture of Active, Healthy Learners'

**Thursday 24th January 2019, 8:15am - 4pm**

**Pride Park Stadium, Pride Park, Derby, DE24 8XL**

This conference is a unique opportunity for learning through high quality keynotes and workshops as well as having the opportunity to network. Targeted at primary and special schools, the conference will advocate the importance of Physical Education, Sport and Physical Activity and how to ensure it is at the heart of school life.

### Keynote Speakers:

**Ali Oliver**, Chief Executive Youth Sport Trust

**Martin Burder**, The Art of Brilliance

For further information or to book:

[DerbyCitySSP.co.uk](http://DerbyCitySSP.co.uk)

### Target Audience:

**Head Teachers** (8.15am-1pm)

**Governors** (8.15am-1pm)

**PE Co-ordinators** (all day)

**Foundation Stage Staff** (all day)

**Teachers/ Teaching Assistants** (all day)

**Free of charge** for schools affiliated to a School Sport Partnership in Derby or Derbyshire